



# PRO 310

## BIG VALUE FOR SMALLER FACILITIES

Ideally suited for your smaller fitness center, the new Pro310 offers the premium quality and lasting durability Octane is known for—at a great value.

The Pro310 utilizes Octane's exclusive Body-Mapping Ergonomics™ for supremely comfortable, fluid motion. The patented MultiGrip handlebars provide numerous customized positions for ultra-cross training options.

Plus, Octane's signature X-Mode™ is a built-in virtual personal trainer, motivating and challenging exercisers with prompts to squat, go in reverse, lean back and more. The trademark GluteKicker™ and ArmBlaster target trouble spots and maximize results.

With a space-efficient footprint, virtually maintenance-free operation and long-lasting performance, the Pro310 from Octane Fitness instantly upgrades any fitness facility.



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KEY: ● Standard — Unavailable

## Key Mechanical Features

Stride length	20.5"
Converging handlebars	—
MultiGrip handlebars	●
QuadLink Drive	●
Pedal spacing	1.8"
Low step-up height	4"
Oversized pedals	●
Moving handlebar lock-out	—
1 time adjustable handlebar position	—
LCD TV mount option	—
Stationary handlebars	●
Water bottle holder	●
Reading rack	●

## Electronic Features

Contact heart rate	—
DedicatedLogic programming	●
On-the-fly programming	●
Quick Start	●
Cool down	●
HeartLogic™ Intelligence	●
Wireless heart rate ready	●
CSAFE	—
FitLinxx compatible	—
Self powered	—
Power requirements - 120 volts*	●
Resistance levels	20

## Workouts

Number of programs	10
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\*Voltage may vary outside the U.S.

## Preset resistance programs

Manual	●
Random	●
Interval	●
Custom Interval	●
10K	●

## Heart rate-controlled programs

Fat Burn	●
Cardio	●
Heart Rate Interval	●
Heart Rate Custom Interval	●
Heart Rate Speed Interval	●

## Advanced programs

New Leaf Custom	—
Constant Watts	—
Constant METs	—
30:30 Interval	—

## Workout enhancers

X-Mode	●
GluteKicker	●
ArmBlaster	●

## Product Specifications

Max user weight	300 lbs (136 Kg)
Footprint	31" x 68" (780mm x 1727mm)
Footprint - live area	31" x 79" (780mm x 2007mm)
Product weight	260 lbs (118 Kg)

## Warranty

Parts	2 years
Labor	1 year